

Breastfeeding Support for Employees

It is our goal to ensure that our employees' breastfeeding efforts are respected and supported. We also want to inform employees of the resources available to patients, families and visitors who are breastfeeding. We all can do our part in supporting mothers who are breastfeeding by providing them with this information.

What Does "Baby-Friendly Designation" Mean?

The goal of the designation is to recognize hospitals and maternity care centers that demonstrate their commitment to providing a positive environment for breastfeeding mothers by fulfilling the standards outlined in the "10 Steps to Successful Breastfeeding."



*Baby-Friendly Birth Facility
Designated 2018 - 2023*

Our Mission

At Long Beach Medical Center and Miller Children's & Women's, our mission is to inform all pregnant women, especially our employees, of the benefits of breastfeeding so they can make informed decisions on how to feed their babies and to offer them the support needed to maintain that choice.

10 Steps to Successful Breastfeeding

1. **Policy:** Have a written breastfeeding policy that is routinely communicated to all health care staff.
2. **Train Staff:** Train all health care staff in skills necessary to implement this policy.
3. **Prenatal Education:** Inform all pregnant women about the benefits and management of breastfeeding.
4. **Skin-to-Skin:** Help mothers initiate breastfeeding within one hour of birth.
5. **Infant Feeding Education:** Show mothers how to breastfeed and how to maintain lactation, even if they are separated from their infants.
6. **Exclusive Breastfeeding:** Give newborns no food or drink other than breastmilk, unless medically indicated.
7. **Practice Rooming-In:** Allow mothers and infants to remain together 24-hours a day.
8. **Breastfeeding on Cue:** Encourage breastfeeding on demand.
9. **No Pacifiers:** Give no pacifiers or artificial nipples to breastfeeding infants.
10. **Ongoing Support:** Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital.

Know Your Employee Breastfeeding Support Resources

- Lactation & Breast Pumps: ext. 32779
- Designated Employee Pump Rooms (see reverse page)

Designated Employee Pump Rooms

Ground Floor	
Biomedical Engineering	Located Behind Cafeteria (Door #AOC1008)
Central Supply	Central Supply (Door #AOL2008D)
Center for Health Education (CHE)	CHE Administration (Door #AOJ1116B)
GI Services	Neurodiagnostic Department, Patient Exam Room
Human Resources	Human Resources, Floater Office (Door #AOL1112)
Infection Control	Rehabilitation Therapies Department, Outpatient Gym
Marketing	Marketing Department, Collateral Storage Office
Materials Management	Central Supply (Door #AOL2008D)
Neurodiagnostics	Neurodiagnostic Department, Patient Exam Room
Pharmacy Administration	Pharmacy Administration (Door #AOA3076F)
Physical Rehabilitation	Physical Rehabilitation, AUM Office
Radiation Oncology	Endocurie Exam Room
Respiratory Administration	Respiratory Department, Back Room
Sleep Disorders Center	Kitchen Located in Sleep Center
Sterile Processing	Neurodiagnostic Department, Patient Exam Room
Trauma Center	Trauma Center, Coordinator Office
1st Floor	
Admitting	Long Beach Medical Center Main Lobby (Door #A1A2032F)
Blood Bank	Outpatient Laboratory (Door #A1A3036G)
Clinical Lab Service	Outpatient Laboratory (Door #A1A3036G)
Pharmacy Administration	Outpatient Laboratory (Door #A1A3036G)
Recovery Room Services	Surgery Prep Area, Consult Room (Door #A1A5032)
Surgery Services	Surgery Prep Area, Consult Room (Door #A1A5032)
2nd Floor	
Cap Utilization Management	Cap Utilization Management (Door #A2B2004)
Child Life	Child Life, Breast Pump Room (Door #B2A6012)
In-Service Education	Nursing Education (Door #046366)
Labor & Delivery	Room W2N (Door #615003)
Mother/Baby Unit	Employee Pumping Lounge (across from the service elevators)
Neonatal Intensive Care Unit	NICU Lactation Room (Door #D2A1060)
Miller Children's & Women's West	Yellow Row, Treatment Room (Door #AIM2068)

Designated Employee Pump Rooms (Continued)

3rd Floor	
Cardiac Monitor Unit	Patient Consultation Room (Door #3S412)
Nursing Administration	Patient Consultation Room (Door #3S412)
Pediatric Intensive Care Unit	West Hall, PICU Consult Room
Pediatric Hematology/Oncology	Hem/Onc Treatment Room (Door #3A3100)
4th Floor	
Orthopedics/Neuroscience	Room Located Behind AUM Office (AUM holds the key)
6th Floor	
Surgical Inpatient Services	Consultation Room Located Behind Nurses Station
7th Floor	
Medical/Surgical ICU	ICU (Door #A7A1036)
Todd Cancer Pavilion	
Breast Center	Women's Specialty Center, Exam Room #1
TCI Specialty Center	Women's Specialty Center, Exam Room #1
Campus-Surrounding Locations	
Jonathan Jaques Children's Cancer Institute Comprehensive Programs	Counseling Office
Multi-Specialty Center	Multi-Specialty Center, Suite 202
Long Beach Medical Center and Miller Children's & Women's Foundations	Van Camp Resources Building, 1st Floor, Office #131
Nursing Administration	Van Camp Resources Building, Room 152 or 153
Outpatient Clinic	OB/GYN Clinic, Suite 102

Also, we have a MAMAVA unit on Miller's side first floor.

They simply download the app (directions are on the outside of the unit) and they'll know if it's open or not.